

## PARENTING AND ITS IMPLICATIONS FOR CHILD DEVELOPMENT IN AN ISLAMIC PERSPECTIVE

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### Abstrak

Pola asuh orang tua merupakan salah satu faktor utama yang memengaruhi pembentukan karakter dan perkembangan anak. Dalam perspektif Islam, pengasuhan tidak hanya berorientasi pada pemenuhan kebutuhan fisik, tetapi juga pada pembinaan akhlak, spiritualitas, dan tanggung jawab sosial. Penelitian ini bertujuan untuk menganalisis konsep pola asuh orang tua dalam perspektif Islam serta pengaruhnya terhadap perkembangan anak. Penelitian menggunakan pendekatan kualitatif dengan metode studi kepustakaan (*library research*). Data diperoleh dari berbagai sumber ilmiah, seperti Al-Qur'an, hadis, buku, artikel, dan jurnal yang relevan, kemudian dianalisis menggunakan teknik analisis isi (*content analysis*). Hasil penelitian menunjukkan bahwa pola asuh Islami menekankan keseimbangan antara kasih sayang, keteladanan, pembiasaan, bimbingan, komunikasi yang efektif, serta penanaman nilai-nilai agama dalam kehidupan sehari-hari. Penerapan pola asuh tersebut berkontribusi positif terhadap perkembangan moral, sosial, emosional, spiritual, dan intelektual anak. Dengan demikian, pola asuh dalam perspektif Islam menjadi fondasi penting dalam membentuk generasi yang beriman, berakhlak mulia, mandiri, dan bertanggung jawab sehingga mampu menghadapi berbagai tantangan kehidupan sesuai dengan nilai-nilai ajaran Islam.

**Kata kunci:** pola asuh, perkembangan anak, pendidikan Islam

### Abstract

Parental parenting is one of the main factors that affect the formation of character and development of children. In an Islamic perspective, parenting is not only oriented towards fulfilling physical needs, but also on fostering morals, spirituality, and social responsibility. This study aims to analyze the concept of parenting in an Islamic perspective and its influence on children's development. The research uses a qualitative approach with the *library research* method. Data is obtained from various scientific sources, such as the Qur'an, hadiths, books, articles, and relevant journals, then analyzed using *content analysis techniques*. The results of the study show that Islamic parenting emphasizes a balance between affection, example, habituation, guidance, effective communication, and the inculcation of religious values in daily life. The application of this parenting style contributes positively to the moral, social, emotional, spiritual, and intellectual development of children. Thus, parenting in an Islamic perspective is an important foundation in forming a generation that is faithful, noble, independent, and responsible so that they are able to face various challenges in life in accordance with the values of Islamic teachings.

**Keywords:** parenting, child development, Islamic education

## Introduction

The family is the first and main educational environment that shapes a child's character, personality, and development. In the midst of social change, technological advancements, and globalization trends, the challenges of childcare are increasingly complex. Parents are no longer only responsible for meeting their children's physical needs, but also have a strategic role in instilling moral, spiritual, and social values so that children are able to face various life challenges wisely. From the perspective of Islamic education, the family is the main foundation in forming a generation that is faithful, noble, and responsible, so that parental parenting is one of the factors that determine the success of children's education.

A number of studies show that parental parenting has a close relationship with the development of children's character and behavior. Research (Wilujeng et al., 2025) explains that the family is the first educational environment that provides a dominant influence on the formation of children's attitudes and personalities, while schools and society only function as supports. Research (Lailiyah et al., 2021) shows that parenting is a form of interaction between parents and children that affects children's ability to socialize and develop independence. Furthermore (Gibbs, 2007) stated that democratic parenting is able to encourage the formation of healthy communication, confidence, and children's responsibility. These studies show that the quality of parenting contributes significantly to children's moral, social, and emotional development.

However, most previous research still addressed parenting from the perspective of developmental psychology or education in general. Studies that specifically integrate the concept of parenting with the principles of Islamic education, such as exemplary (*uswah hasanah*), habituation (*ta'dīb*), compassion (*rahmah*), responsibility (*amanah*), and the cultivation of the values of the Qur'an and Sunnah as the basis for parenting, are still relatively limited. As a result, there has not been much research that provides a comprehensive picture of the implementation of Islamic parenting as a strategy for shaping children's character that is relevant to the challenges of modern life.

Based on these gaps, this study offers a more comprehensive perspective by examining parental parenting based on Islamic educational values and analyzing its influence on children's moral, social, emotional, and spiritual development. This approach not only places parents as caregivers, but also as the main educator who is responsible for shaping children's character through example, worship habits, effective communication, and internalization of Islamic values in daily life.

This study aims to analyze the concept of parenting in an Islamic perspective and explain its influence on children's development. Theoretically, this research is expected to enrich the scientific treasures about family education in Islam. Practically, the results of the research are expected to be a

reference for parents, educators, and education observers in developing a parenting style that is able to form a generation that is faithful, noble, independent, and responsible in accordance with the values of Islamic teachings.

## **Research Methods**

This research uses a qualitative approach with the type of library research. This approach was chosen to examine in depth the concept of parenting in an Islamic perspective and its influence on children's development based on various relevant literature sources. The research data consists of primary sources, namely the Qur'an, hadith, and main literature on Islamic education and parenting, while secondary sources include scientific books, articles in national and international journals, and other academic documents related to the research theme.

Data collection is carried out through documentation studies by identifying, selecting, and collecting various literature that has relevance to the research focus (Supandi et al., 2024) All data were then classified based on main themes, such as the concept of parenting in Islam, the role of parents, and the moral, social, emotional, and spiritual development of children.

Data analysis is carried out using *content analysis techniques* , which include the process of data reduction, categorization, interpretation, and conclusion drawing in a systematic manner. The analysis is directed to identify the relationship between the concept of Islamic parenting and child development and formulate its implications for family education practices. To increase the credibility of the research results, triangulation of sources is carried out by comparing various scientific references so that a comprehensive, consistent, and consistent interpretation is obtained in accordance with the purpose of the research.

## **Research Findings and Discussion**

### **Parenting in Islam**

The term parenting comes from the word "pattern" which means way, form, or strategy, while "parenting" is defined as the activity of caring for and educating children (Dhuriyani et al., 2022) In family life, parenting can be understood as a way for parents to guide, take care of, and treat children through attention, rules, and habits that are applied every day. Through this parenting style, parents are not only tasked with meeting the needs of their children, but also providing direction, supervision, and protection during the child's growth process until adulthood. In addition, parents also have a responsibility to instill values and norms of life so that children are able to behave well and adjust to

the surrounding environment. Therefore, the application of good parenting can help shape children's character and behavior to be more positive (Oktaviana et al., 2019)

Parenting refers to the methods that parents use in educating, guiding, and communicating with children on a daily basis. Through parenting, parents play a role in providing direction, attention, and supervision so that children can grow and develop optimally. In addition, parenting is also a form of parental responsibility to instill good values, attitudes, and behaviors in children.

In the Islamic view, children are considered as a trust and responsibility carried by parents from Allah swt. Thus, parents play a role in caring, educating, and directing children in a way that is in accordance with the teachings of Islam that have been conveyed by the Prophet (saw). However, as the times develop and various influences from outside, there are still some parents who do not fully understand the application of Islamic parenting in family life. This can be seen from the attitude of parents who sometimes prioritize personal desires without considering the condition, needs, and development of the child as a whole.

In Islam, childcare is one of the responsibilities that must be carried out by parents with full attention and seriousness. Children are seen as entrustments that need to be cared for, directed, and educated in order to grow into individuals who have good morals and behavior. Although Islam does not prescribe a specific form of parenting, Islamic teachings have provided various guidelines to parents in educating their children according to their needs and developmental stages. Parents' attitudes, habits, and behaviors in daily life can also have a great influence on the formation of children's character, especially during the growth period when children are more likely to imitate the environment around them. This influence is not only seen in children's physical development, but also related to emotional development, ways of thinking, social skills, and the formation of religious values in children. Therefore, parents need to provide good guidance and parenting so that all children's potential can develop optimally (Wilujeng et al., 2025) Therefore, the application of good parenting methods and in accordance with Islamic principles can support children to develop into individuals who have better character, attitudes, and personalities in daily activities.

From this description, it can be understood that the way parents take care of and educate children has a great influence on the development process and the formation of children's personalities. Parenting is not only related to the provision of rules or education, but also related to the cultivation of values, ethics, and good habits in daily life. In Islamic teachings, parents are responsible for directing and educating children with religious principles so that children can develop into individuals with good behavior and morals. Thus, the application of parenting methods that are

in line with Islamic teachings is one of the important aspects in supporting the development of attitudes, character, and the way children interact with the surrounding environment.

### **Application of Islamic Parenting in the Family**

Every parent applies a different way of educating their children. The way of education applied by parents can have an impact on children's growth, both beneficial and harmful. Appropriate methods can support children to become independent, disciplined, and responsible individuals. On the other hand, improper methods can have a bad impact on the development of children's character and behavior. In the study of modern psychology, there are three types of parenting patterns that are widely known and often used in academic discussions, as stated by Diana Baumrind. The following are some types of parenting methods that parents use in educating and guiding children. Each parenting method has a different way of applying it so that it can have a different impact on children's development.

1. Authoritarian parenting, Parents who apply authoritarian parenting tend to have strict and inflexible rules. Children who are raised with this parenting often feel unfree and are not given the opportunity to develop their own creativity and initiative. Children raised with authoritarian parenting tend to be more likely to experience stress and depression.
2. Permissive parenting: Parents who practice permissive parenting tend not to give their children clear boundaries. Children raised with this parenting tend to become less organized and have difficulty controlling their emotions. They also often lack a sense of responsibility and discipline.
3. Authoritative parenting, Parents who apply authoritative parenting provide clear rules and provide opportunities for their children to develop their own creativity and initiative. Children raised with this parenting style tend to have high levels of self-confidence, are more independent, and are more likely to experience success in life.

In choosing a good parenting method, parents should consider the needs and personality of their child. For example, some children may need more freedom to explore and develop their creativity, while others may need more structure and boundaries to feel safe and protected (Setiarsih & Sari, 2021) In this case, parents need to be flexible in adjusting their parenting style to meet the individual needs of their child. Thus, the way parents educate children can certainly play a role in their growth. A good way of education is one that can set clear boundaries and give children the opportunity to grow well without feeling pressured.

In an Islamic perspective, the way of parenting does not specify the specifics of the best method for the child. However, Islam emphasizes more on the responsibility of parents in providing attention and education in accordance with the circumstances and needs of children. All behaviors and actions

taken by parents in daily life can affect the formation of children's character, especially during the growth period when children tend to imitate the behavior around them. These influences encompass various aspects of a child's development, including physical, emotional, cognitive, social, and spiritual. Thus, parents must develop all these potentials so that children can develop into good individuals and have noble character (Lailiyah et al., 2021)

In Islamic teachings, parenting methods focus more on how parents lead and teach children by applying positive values in daily life. The educational actions carried out are not only aimed at meeting the needs of the little one, but also to shape the attitude, behavior, and character of the child so that they develop in a positive direction. Thus, there are various parenting methods that parents can apply to their children, namely:

1. Example, Example from parents plays a very crucial role in the implementation of Islamic parenting. In a family that consistently implements Islamic values, parents not only give religious direction or teachings through speech, but also show directly in daily activities. Children can see and imitate how their parents carry out worship, maintain speech, and be kind and polite to others in accordance with Islamic teachings (Khanan, 2025). The example set by parents is one of the important factors in shaping children's character and habits. Children tend to imitate the actions of their parents more easily than just listening to advice. Therefore, the attitudes, behaviors, and good habits shown by parents in daily life can have a positive influence on children's moral and spiritual development. Through a family environment that applies Islamic values, children will get used to understanding the importance of honesty, discipline, responsibility, and respect for others.
2. Advice, According to Muallifah in Wilujeng, parenting through giving advice has several important elements, such as delivering invitations in a good way, using stories or parables that contain lessons, and explanations accompanied by easy-to-understand reasons and thoughts. In Islamic teachings, the method of advice is one of the ways that are widely recommended in educating and directing a person to goodness. The Qur'an also explains the importance of counsel as a means of instilling moral and religious values. Giving advice that is done appropriately can help open up children's awareness and form good behavior. In addition, there are some moments that are considered ideal to give instructions to children, such as when traveling, when enjoying a meal together, and when children feel unwell. (Stuart et al., 2025). Advice delivered in a kind and affectionate way can make children feel cared for so that it is easier to understand and receive direction from parents. Thus, providing advice on a sustainable basis can be one of the efforts in shaping children's attitudes and character to be in accordance with Islamic teachings and values.

3. Habituation, According to Ulwan in Lailiyah, advice delivered in a gentle and loving way can make children feel cared for, making it easier to understand and receive instructions from parents. Thus, providing advice regularly can be one way to shape children's attitudes and character to be in line with Islamic teachings and values (Lailiyah, 2021). In daily life, habituation carried out from an early age can help children understand and apply Islamic values in their behavior. For example, parents habit children to pray on time, say greetings when they enter the house, speak the truth, and respect their elders. These simple habits can be the basis for shaping children's character so that they grow up to be individuals with good morals and strong faith.
4. Creating a conducive atmosphere, according to Fitria in Nindi, one of the factors that can support the success of children's education is the creation of a conducive environment in the family. To create this atmosphere, parents need to give affection and attention to their children in their daily lives. Children who get enough love and attention from their parents tend to grow up to be better individuals, have a passion for learning, and are able to concentrate on the activities they do. In addition, the attention given by parents can also help children feel more appreciated, comfortable, and confident in their developmental process (Oktaviani, 2024). Parental attention can be shown through various simple ways, such as accompanying children to study, listening to children's stories, and providing motivation when children experience difficulties. This attitude can help build emotional closeness between parents and children so that children feel safer, comfortable, and motivated in carrying out daily activities.
5. Islamic Communication in the relationship between parents and children, Islamic communication in the family has an important role in shaping the character of children so that they grow up to be calm, confident, and easily accepting advice. Families that apply Islamic parenting generally use persuasive, affectionate communication, and prioritize dialogue in conveying advice and reprimands to children. In this communication pattern, parents do not directly punish children when they make mistakes, but rather provide explanations and invite children to understand the consequences of their actions by relating them to religious values. This method can support the development of awareness in children, so that they not only behave out because they are afraid of the consequences, but can also recognize right and wrong behavior. In addition, positive interactions within the family provide space for children to express their perspectives, emotions, and challenges. Children who grow up in an open family environment tend to feel more comfortable asking questions, including about religious teachings and personal matters (Khan et al., 2025) This is especially important in adolescence, as emotional support and attention from parents can help children in the process of development and self-discovery.

From this explanation, we can see that the parenting method in Islam does not only focus on fulfilling the physical needs of children, but also includes the efforts of parents in shaping children's attitudes, habits, and behaviors through the learning of religious values. In the process of educating, parents must provide direction, attention, and good examples so that children can grow well. By applying parenting methods that are in accordance with Islamic teachings, it is hoped that children can develop a positive attitude, be responsible, and be able to interact with the surrounding environment constructively.

### **Recommendations for developing a good parenting program for children**

Here are some recommendations for parents and professionals in developing a good parenting program for children:

1. Building a positive relationship with children, parents must build a positive relationship with their children in order to create a comfortable and supportive atmosphere. This can be achieved by showing attention, love, and emotional support to the child.
2. Implementing consistent discipline, Parents must apply consistent discipline to their children with clear rules and clear consequences if those rules are broken. Consistent discipline can help children understand boundaries and help them feel safe and secure.
3. Encourage the active participation of children in family activities, Parents should encourage the active participation of children in family activities to increase the child's social involvement and strengthen family relationships.
4. Providing opportunities for learning and exploration, Parents should provide opportunities for children to learn and explore in a positive way. This can be done by giving children enough space and time to explore and develop their own creativity and initiative.
5. Maintaining the health and well-being of children, parents must pay attention to the health and well-being of children by providing good nutrition, providing enough time to rest, and maintaining the physical and mental health of children.
6. Establishing open communication, parents need to build honest communication with children so that they feel safe in expressing their emotions, fears, and desires.
7. Developing good parenting skills, Parents can develop good parenting skills through training and guidance from competent professionals or organizations in the field of parenting.

By implementing the above recommendations, parents and professionals can develop good parenting programs for children to promote optimal child development and create a healthy and supportive environment for children (Suryani & Yazia, 2022). The application of a good parenting pattern can provide direction and attention in accordance with the stages of child development. In

addition, proper parenting also plays a role in forming an independent attitude, sense of responsibility, and the ability of children to establish good relationships with the surrounding environment.

## Conclusion

This study concludes that parental parenting in an Islamic perspective has a very important role in shaping children's moral, social, emotional, spiritual, and character development. Islamic parenting is not only oriented towards fulfilling physical needs, but also emphasizes the internalization of Islamic values through example (*uswah hasanah*), habituation of positive behavior, guidance, effective communication, and the cultivation of noble morals in daily life. The application of these principles contributes to the formation of children who are faithful, have noble character, are independent, responsible, and are able to interact positively in the family and community environment. The implications of this study show that Islamic parenting values need to be implemented consistently in family life as the main foundation of children's education. Parents need to strengthen their role as first educators through example, worship habits, and loving communication in order to create an environment that supports children's development holistically. Thus, parenting based on Islamic teachings can be an effective strategy in forming a generation with character, integrity, and being able to face life challenges in accordance with Islamic values.

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